



in the child a lively sense of these claims and a desire to meet them, is to fit him for the rounded life born of an all-sided fulfilment of duty.

To each age is confided something which it alone can cherish. Hence each age has duties from whose performance it may not be released. Childhood forms no exception to this general law. Happy the child who is led, even though unconsciously, to act in accordance with its claims.

Duties are not burdens but privileges. The path of duty leads to light and to all the blessings conferred by light. Therefore, each normal and healthy child gladly fulfils duties. Such duties, however, must be genuine, clear, definite, and, above all, inexorable.

The fulfilment of duty strengthens body and soul. The sense of duty done gives self-reliance. Mother! father! observe how happy your child is in the performance of duty, and how he seems to feel himself therein allied to you. Guard these feelings sacredly, for in them are the seeds of blessedness. He who wins inner collectedness, who views his life as a whole, and who respects this wholeness of life in each particular deed, shall find at last the "peace which subsists at the heart of endless agitation."